Auto-Balance tension adjustment utilizes the weight of the user to balance resistance of the back. Sensing can be adjusted to suit individual preference. 3:1 back to seat synchronous movement with 4 position back-travel limiting lock.

**Tilt Tension Control Knob:**
Turn knob clockwise to tighten the tilt tension and counter clockwise to loosen tilt tension.

**4 Position Back Travel Control Knob:**
Gently apply pressure to lock while seated, turn the knob counter clockwise to release the back. Angle the back into one of the four lock position then turn the knob clockwise to lock the back into place.

**Seat Height Lever:**
Lift and hold the lever to raise the seat. Release the lever to lock at the desired height. Lift and hold lever while applying weight on seat to lower seat height.